



Southend Invictus Medical Policy

We are committed to providing a safe, inclusive and supportive environment for all players, volunteers and staff. The Club recognises that players may have a wide range of disabilities, medical conditions and additional needs, and we will take reasonable steps to support participation in accordance with FA disability football principles.

The welfare and safety of all participants will always be our primary consideration.

This policy aims to:

- Protect the health, welfare and safety of all players.
- Ensure that relevant medical information is available in an emergency.
- Support coaches and volunteers in managing medical conditions safely.
- Promote equal access to football opportunities.
- Comply with FA safeguarding and disability football guidance.

This policy applies to:

- All registered players.
- Parents and carers.
- Coaches and team managers.
- Committee members.
- Volunteers and match-day helpers.

Medical Information Requirements

Prior to participation, a parent, carer or player (where appropriate) must complete a registration form and supply any relevant medical information.

If your medical information changes, it is your responsibility to update the club accordingly.

Confidentiality

Medical information will:

- Be treated as confidential.
- Be stored securely.
- Be accessible only to authorised club officials with a legitimate need to know.
- Be handled in accordance with UK GDPR and data protection requirements.

Relevant information may be shared with coaches and first aiders where necessary to protect the player's welfare.

Medication

Players, parents or carers remain primarily responsible for supplying and administering routine medication.

Where appropriate, players must bring their prescribed emergency medication to every session/match/event, and this must remain either side of the pitch in designated zones or with a parent/carers who must stay during training/matches. This includes medication such as:

- Asthma inhalers.
- Epinephrine auto-injectors (EpiPens).
- Emergency seizure medication.

No volunteer or coach will be able to look after or administer medication unless:

- Appropriate consent has been obtained.
- The individual has received suitable instruction or training.
- The situation is an emergency.

IF YOU DO NOT HAVE YOUR EMERGENCY MEDICATION WITH YOU, YOU WILL NOT BE ALLOWED TO PLAY

Individual Medical Support Plans

Where a player has a significant medical condition, please contact the welfare officers (Vicky and Dani) to put an Individual Medical Support Plan in place which will outline:

- The condition.
- Potential triggers.
- Warning signs.
- Support requirements.
- Emergency procedures.
- Contact information.

Examples include:

- Epilepsy.
- Diabetes.
- Severe allergies.
- Cardiac conditions.
- Complex neurological conditions.
- Significant learning disabilities associated with medical needs.

First Aid Provision

The Club will:

- Ensure a suitably stocked first aid kit is available at all training sessions and matches.
 - Have at least one FA Emergency First Aid qualified individual present whenever reasonably possible.
 - Record all injuries and incidents in the Club Accident Book.
 - Review serious incidents to identify learning opportunities.
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Concussion and Head Injuries

Any player suspected of having suffered a concussion or significant head injury must be immediately removed from play.

The player must not return to football activity until medically cleared and any applicable FA concussion guidance has been followed.

"When in doubt, sit them out."